

Hospice, Ride for Life '09

100 km road course

0 m - Start Markham Park **8 am**
Left on St Rd 84
3.5 m Left on Flamingo Rd
4.8 m Left on NW 8th St
6.8 m Left on International Parkway
7.3 m Right on St Rd 84
12.4 m Left on Glades
14.8m Right on Saddle Club Rd
16.3m Left on South Post
18.9 m Left on Bonaventure Blvd
23.1 m Right on 84
24.8 m Right, after crossing over 75 onto, SW 148th Ave
25 Right Turn on Shotgun
Continue on Shotgun onto Orange Dr at mile 29
31.2 m Right on Flamingo Rd
32.6 m Right on Stirling Rd
35.6 m Left on Dykes
35.9 m **Rest Stop** at school
41 m Right on Bass Creek Rd
42 m Right on SW 172nd Ave
42.8 m Left on Miramar Parkway
43 m Right on Silverlakes
47.7 m Right on 184th Ave
48 m Left on Sheridan St
48.1 m Right on SW 185th Way (speed-bumps)
50.4 m Right on Griffin (road construction on right should no bike lane)
50.6 m Left on Bonaventure Blvd
51.4 m Left on South Post
54.7 m Right on Saddle Club
55.9 m Left on Royal Palm
61.9 m Right Turn on 84
62 m Left on Weston Rd Markham Park